

IN THE FOOTSTEPS OF THE
KING'S RUNNER
DECEMBER 2022



How do I track my race?

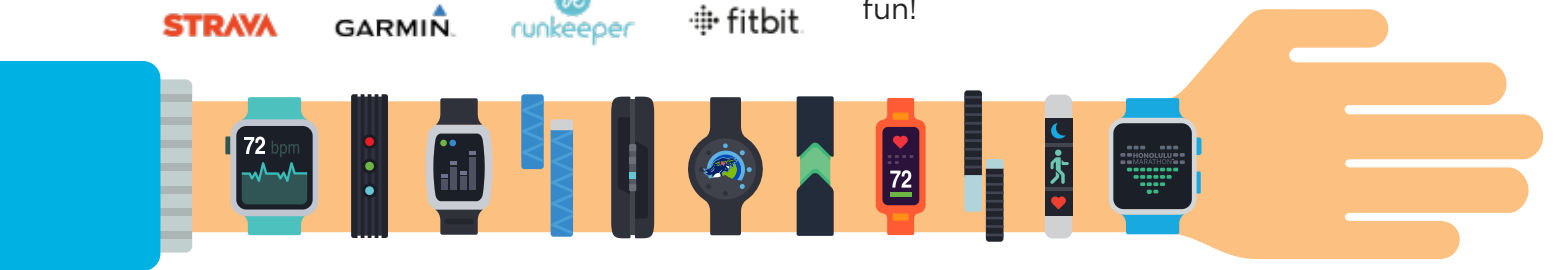
Choose a GPS tracker that works on your wearable phone and/or watch. Track your time and distance and upload a screenshot as proof of completion: Use any watch or tracker such as:



If you run or walk on a treadmill, take a photo of the treadmill dashboard and submit that as evidence.

Speedsters shooting for a top 10 finish, please submit a GPS recorded run.

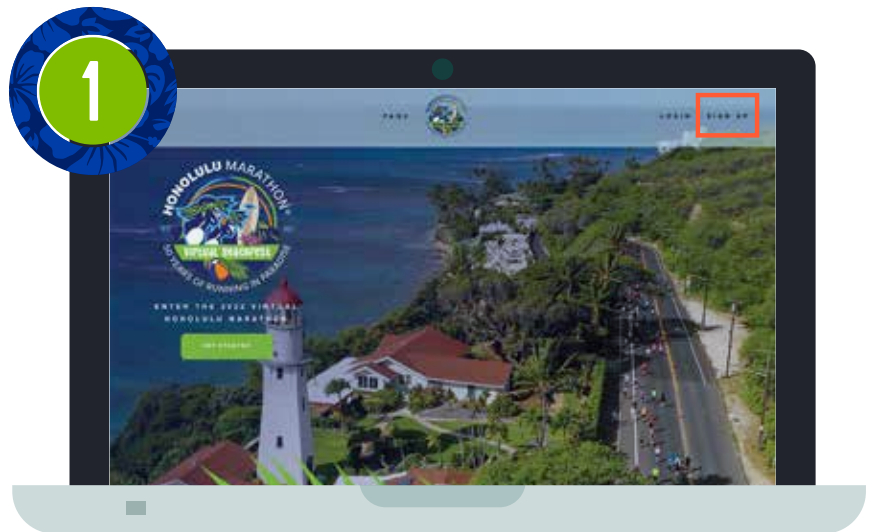
Get motivated to stay healthy and have fun!



Steps to track your race.

Once you have registered for any of the Honolulu Marathon virtual race distances or challenges you will be given your own participant **ACCOUNT** page where you can update your personal information and submit evidence of your race.

1 Click **ACCOUNT** in the upper right corner of the Virtual Beachfest home page. Here you will find the event(s) you've registered for.

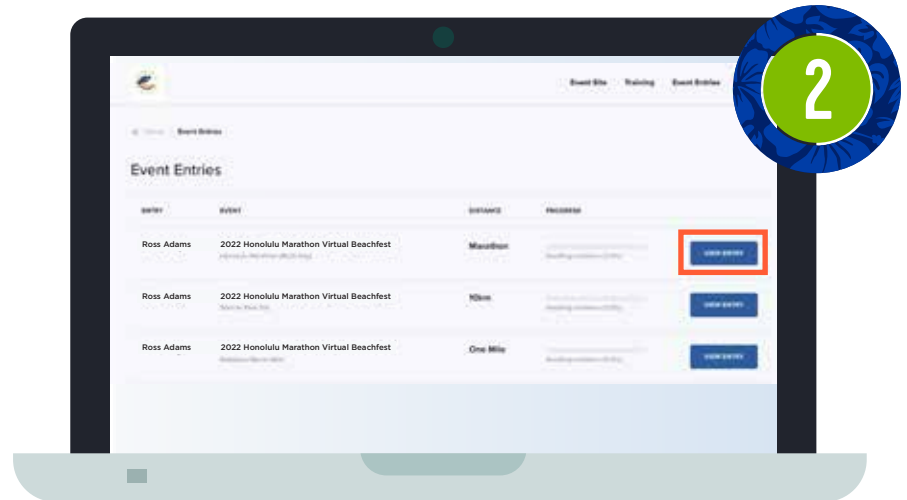


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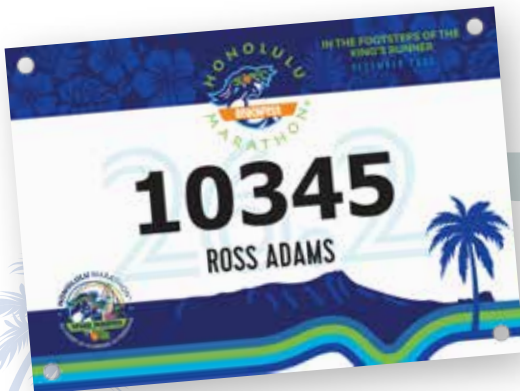
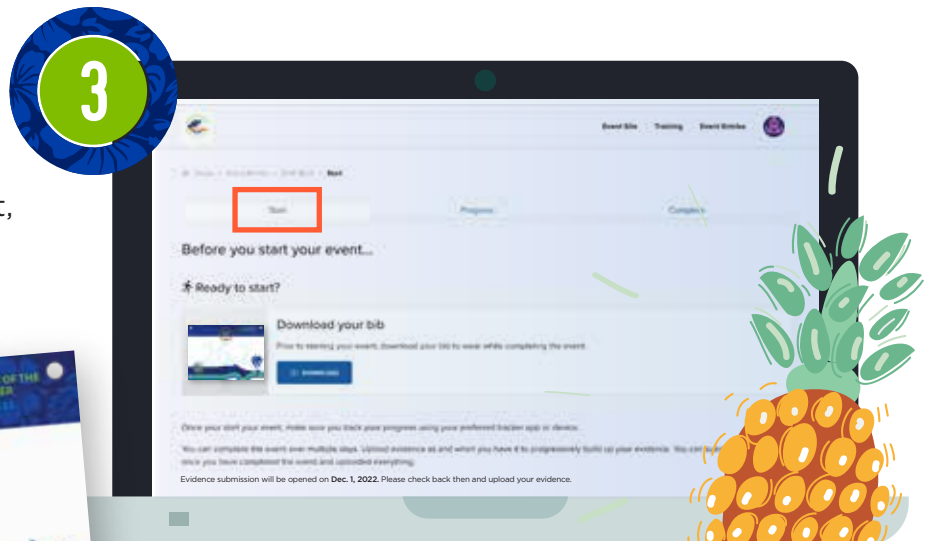
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2 Select the **VIEW ENTRY** next to the event when you're ready to start!



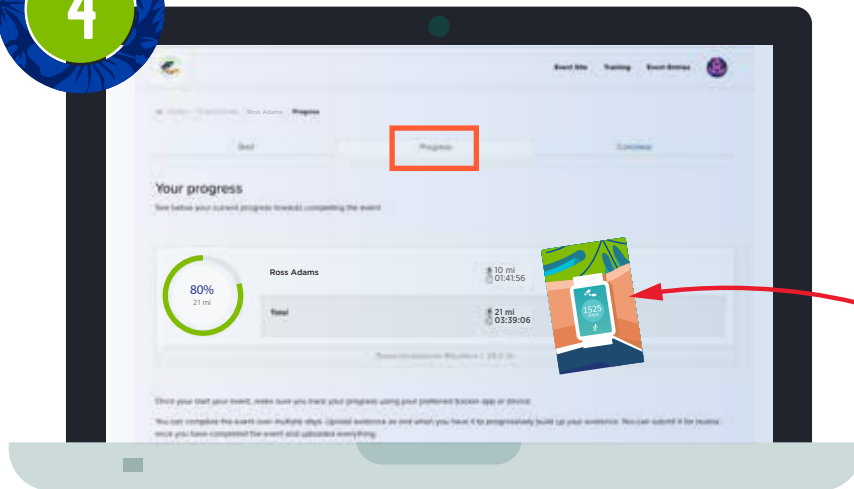
3 Before you **START** your event, **DOWNLOAD** your bib to wear while completing the event.



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4



4 Select the **PROGRESS** tab to upload and track your progress.

Note, if doing a 'Multi-day challenge', you must submit multiple pieces of evidence that support the overall distance covered and you need to submit all pieces of evidence at the same time.



If you're struggling to submit a screenshot, you can upload a photo of your GPS tracker. Simply take a photo of your device, like shown here:

5

5 Go to the **COMPLETE** tab once you've submitted your evidence and **DOWNLOAD** your certificate! Congratulations!

