



**HONOLULU
MARATHON®**

EVENT GUIDE

SUNDAY DEC 12, 2021

START 5:00AM

The Honolulu Marathon Association welcomes you to the **49th Annual Honolulu Marathon**. Please read and follow our final instructions so that you have a safe and enjoyable marathon.

**START LINE
ACTIVITIES**

**COLOR GROUP
START ZONES**

**FINISH LINE
ACTIVITIES**

**SELF SERVE
AID STATIONS**

**HEALTH AND SAFETY
GUIDELINES**

**KALAKAUA MERRIE MILE
INFORMATION**



2021



RACE WEEK AT A GLANCE

FRIDAY DEC 10**9:00AM - 7:00PM**

Honolulu Marathon Packet Pickup and Official Merchandise at the Hawaii Convention Center

SATURDAY DEC 11**7:00AM - 8:00AM**

Kalakaua Merrie Mile - Waikiki

First wave starts at 7:00AM

Start area by Honolulu Zoo on Monsarrat Ave

SATURDAY DEC 11**9:00AM - 5:00PM**

Honolulu Marathon Packet Pickup and Official Merchandise at the Hawaii Convention Center

SUNDAY DEC 12**5:00AM****START of the Honolulu Marathon****START of the Start to Park 10K****5:45AM**

Starting Line Closes

3:00PM

Clothing Pick-Up Tent closes at Kapiolani Park

MARATHON PACKET PICKUP

P

pick up your race bib at the Hawaii Convention Center on Friday or Saturday, December 10 & 11.

At the entrance to the Convention Center, participants will be asked to show ID and proof of vaccination or a negative Covid test taken within 48 hours of the start of the race, ie. after 5 AM on Friday, December 10.

You cannot pick up bibs on behalf of friends or family, each participant has to pick up their own race packets.

For the Start to Park 10K and Kalakaua Merrie Mile, you will get your race shirt at packet pick-up, and Honolulu Marathon finisher shirts will be given out in the finisher area on race day.

Late entries are accepted at the Packet Pickup until closing time 5 PM on Saturday, December 11.

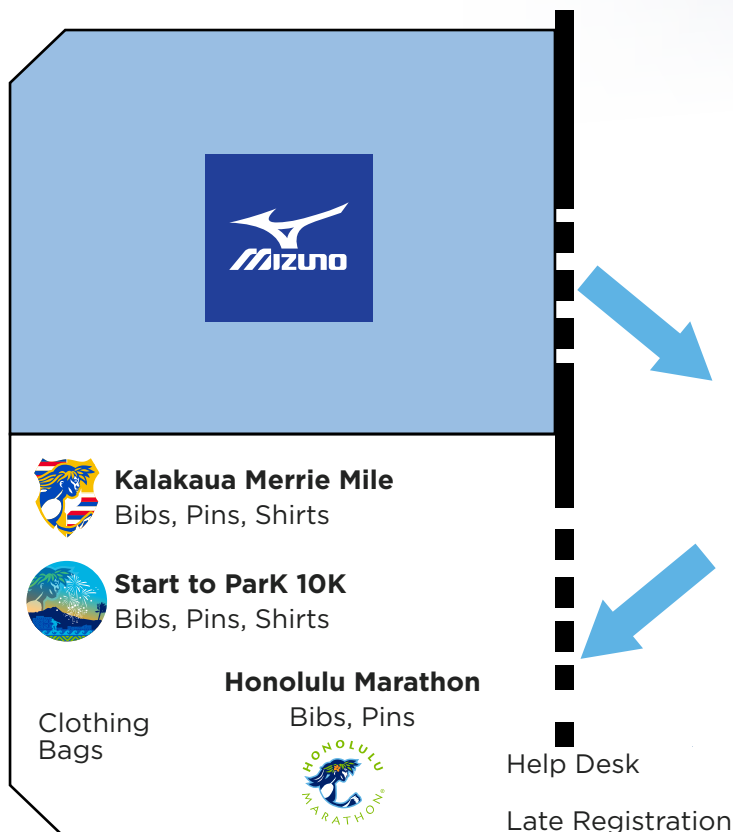
Location:

**Hawaii Convention Center,
Ballroom A, 4th Floor
1801 Kalakaua Avenue,
Honolulu**



PACKET PICKUP

Packet Pickup and Official Merchandise map:



🕒 OPENING TIMES:

Friday, December 10
9:00AM - 7:00PM

Saturday, December 11
9:00AM - 5:00PM



**FACE COVERINGS ARE REQUIRED.
PLEASE KEEP A SAFE DISTANCE.**

PERSONAL SERVICES

RUNNER DROP-OFF AND PICK-UP

We recommend you use ride-share services to get to the start.

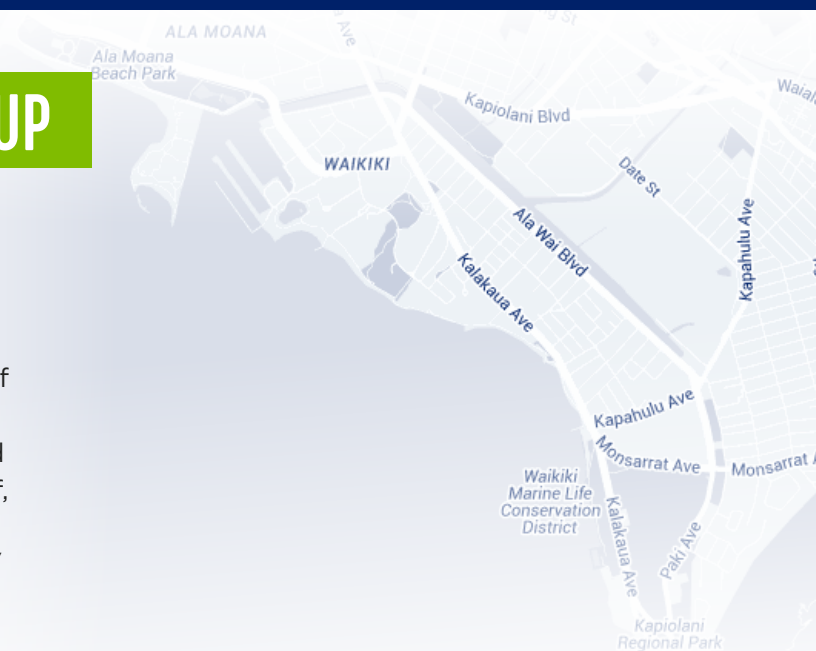
On race day, roads within the vicinity of Ala Moana Beach Park (start line) and Kapiolani Park (finish line) will be closed or access restricted. Please plan drop-off / pickup locations away from these immediate areas. Prior to 3:40 am, drop off on Waimanu Street. Proceed down Pensacola to Waimanu Street, make the drop off, then turn LEFT onto Piikoi to escape the road closure. If arriving after 3:40 am, drop off at Pensacola Street / Kapiolani or Piikoi Street / Kapiolani Boulevard.



PARKING RESTRICTIONS

Only authorized Honolulu Marathon vehicles will be permitted access to Ala Moana Beach Park and Kapiolani Park.

Parking is prohibited in Ala Moana Shopping Center. Limited street parking may be available from a four to six block radius of the start line. Parking is prohibited at Ward Center Theaters and Whole Foods at the Starting Line.



RESTROOMS

Portable restrooms will be available at the start line, on the course and at the finish festival area.

After 7:00PM on Saturday, December 11, only authorized Honolulu Marathon vehicles will be permitted access to Kapiolani Park parking lots.



**BE AWARE OF TEMPORARY NO
PARKING/TOW AWAY SIGNS
ALONG THE COURSE.**

CLOTHING CHECK-IN PROCEDURE



Kapiolani Park



Saturday, December 11



10:00AM - 5:00PM

A clothing only check-in tent will be available at Kapiolani Park on Saturday, December 11, 10:00AM - 5:00PM.

At Packet Pick-Up, runners may request an official bag for use at the clothing check-in tent. This bag is the only bag that security will accept at the tent.

Your race bib has a tear-off strip with your race number on the bottom of your race bib. Attach the tear off strip to the bag as you tie a knot with the looped handles, so that your number is fixed to your bag.

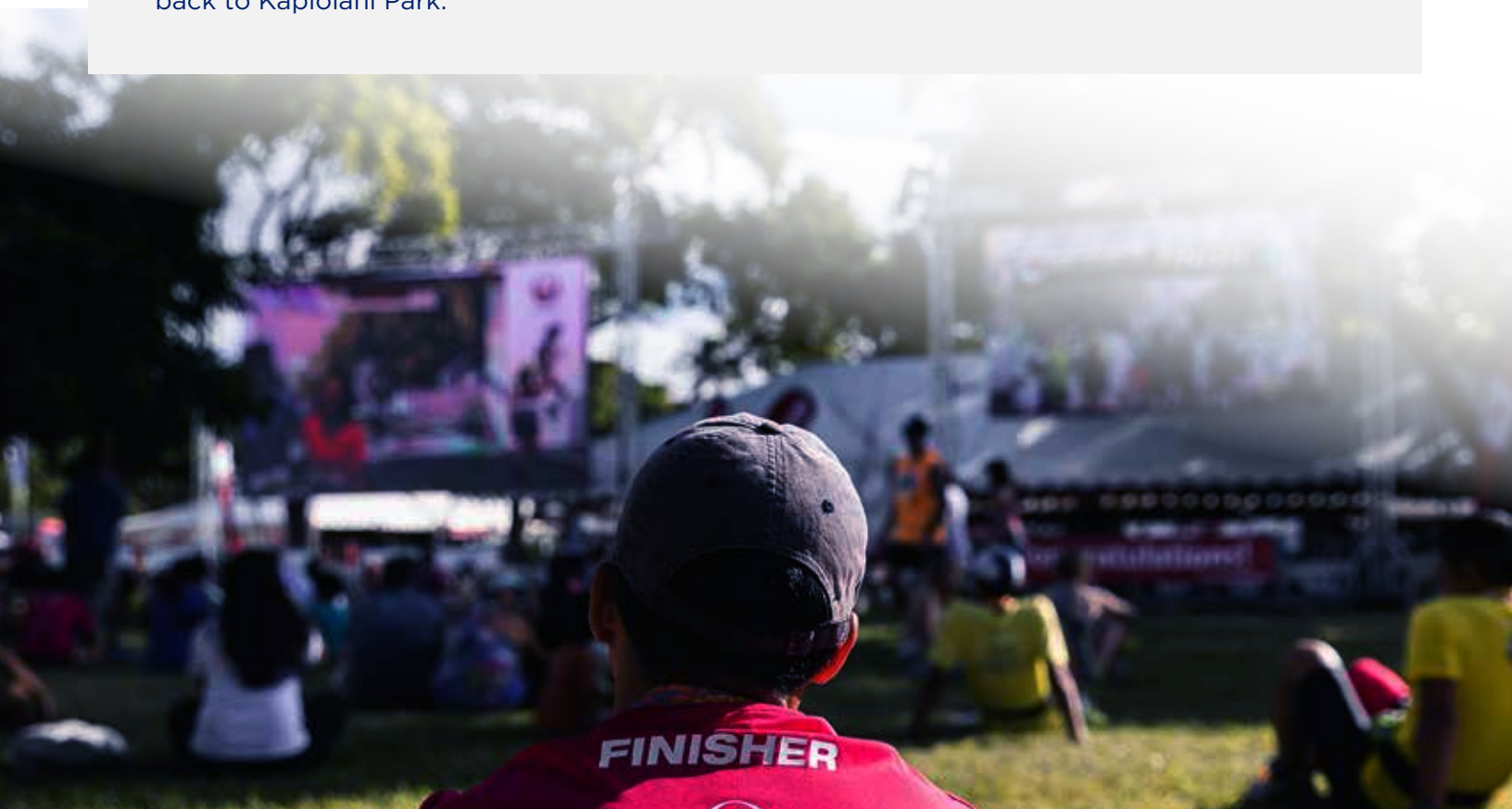
**TEAR THIS PART OFF
AND TIE TO YOUR BAG.**



Your bag will be searched by Honolulu Marathon security personnel prior to bag acceptance.

The Honolulu Marathon assumes no responsibility for items left in that tent in the Park. Any unclaimed bags remaining as of **3:00PM** on race day will be donated to charity.

Any clothing left or discarded at the start area will be donated to charity and will not be brought back to Kapiolani Park.



RULES OF THE ROAD

R

unners must wear the bib visibly on the chest throughout the race, according to the instructions on the reverse of the bib.

Please fill out your medical information on the back of the bib.

PROTESTS

Protests related to actions of any race official or runner will be accepted only in written form. We will not respond to verbal protests. All decisions of the Race Director are binding. This race is conducted according to Competition Rules of USA Track & Field.

RUNNING NUMBER AND SHIRT

Shirts or singlets, with the bib positioned front top center, must be worn throughout the entire race. The bib number must be visible at all times. Bibtags are not transferable. You and the runner wearing your Bibtag will be disqualified from this race and future races.

BIBTAGS CANNOT BE PICKED UP ON RACE DAY.

- ❌ Do not cut or Fold your bib number in any way
- ❌ Do not deface your bib number with stickers, markings or any writing
- ❌ Use a pin for each corner of the bib number; do not pierce the tag
- ❌ Do not remove the foam spacer

Use the QR Code on the back of your Bibtag to get your results at the Finish Line.



REMEMBER:

NO BIBTAG

=

NO RESULT

=

NO CERTIFICATE

INTERFERENCE:

Skates, strollers and bicycles are prohibited. Runners cannot be accompanied by any form of wheeled assistance and will be disqualified. Competitors who accept any assistance from any other person may be disqualified.

CHECKPOINTS:

You must cross the sensor mats at the checkpoints along the course. Make sure your running number is clearly visible. You may be disqualified if there is no record of you passing through the checkpoints.

SELF SERVE AID STATIONS

New for 2021! We are excited to support the Green Initiative by offering self serve water stations along the course. All runners will be able to get water with their own hydration device. There will also be manned water aid stations with cups.

We highly recommend you carry your own hydration device.



NEW FOR 2021:

THIS SYMBOL INDICATES ON THE COURSE MAP WHERE THE NEW SELF SERVE WATER STATIONS WILL BE.



HYDRATION LOCATIONS

- MARATHON
- START TO PARK 10K
- MILE MARKER
- KILOMETER MARKER
- SUPPORTED WATER AID
- SELF SERVE WATER AID
- GATORADE



UNOFFICIAL RUNNERS

Unofficial runners without an official race number will not be allowed to cross the finish line. They detract from your official participation, take supplies intended for you, the official entrant, and will cause finish places to be incorrect. We urge you to discourage anyone you know who intends to run unofficially.

RUNNING COURTESY

Stay within the coned lanes to ensure your safety as well as to provide runners coming from the opposite direction with a clear path. **Keep a safe distance when ever possible.**



CHILD SAFETY

If your child will be participating in the event, please keep the child with you at all times.

Do not leave your child with non-family race participants, or allow your child to complete the race unescorted.



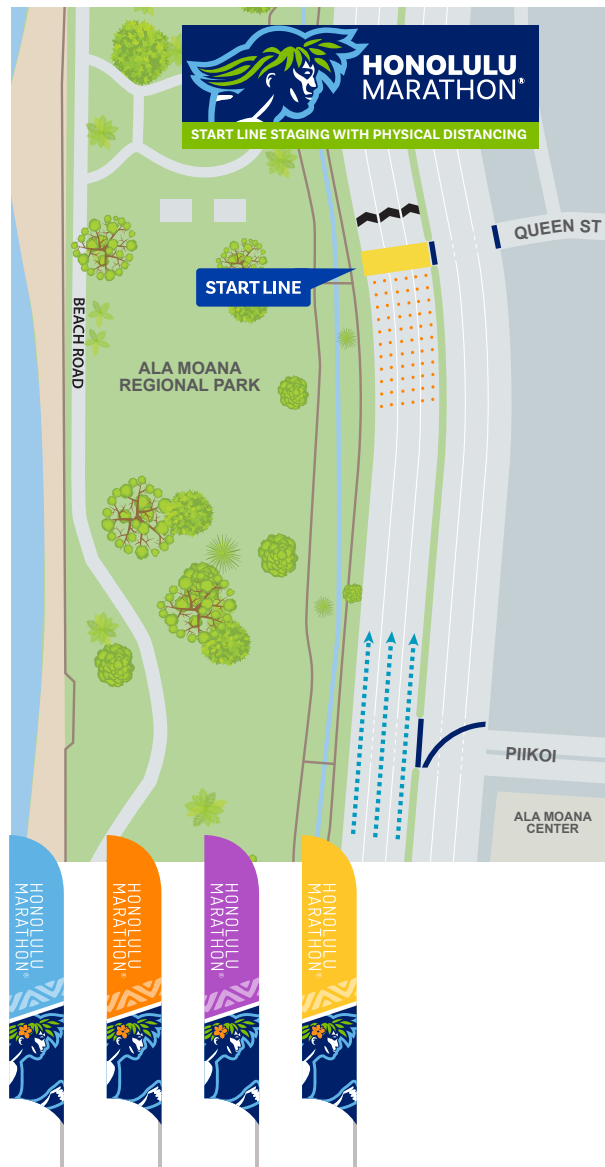
“DO NOT ALLOW YOUR CHILD TO COMPLETE THE RACE UNESCORTED



THE START

Start: 5:00 AM on Sunday, December 12, 2021. To ensure an orderly start, please proceed onto Ala Moana Boulevard. **Please keep a safe distance.**

Start Groups: You will be assigned a start group based on your predicted finish time. Each start group has a designated color and your bib will have your start zone color. **You must start in your assigned color start zone.**



START TO PARK 10K

The Start To Park 10K starts at the same time and place as the marathon and finishes at Kapiolani Park.

Start Groups: You will be assigned a start group based on your predicted finish time. Each start group has a designated color and your bib will have your start zone color. **You must start in your assigned color start zone.**

Start groups for the Start To Park 10K and marathon are mixed. You will share the same color bib.

Pay attention as you approach the Start To Park 10K finish line at Kapiolani Park and keep to the right. You will be guided to the finish line and the Festival Area



“ EXPERIENCE THE THRILL OF A MASS START WITH FIREWORKS!



THE COURSE

You must cross the start line mat between 5:00AM - 5:45AM.

The first aid station is at approximately 2.5 miles, then every 2 to 3 miles (3.2 K to 4.8 K) thereafter. There will be aid stations on the course with water and/or sports drink. To keep the aid stations from being congested, continue on to the last table and **PLEASE KEEP MOVING**.



KEEP YOUR COURSE CLEAN RUN GREEN!

Take a few extra steps to throw your cups and water bottles in the trash cubes provided along the course!

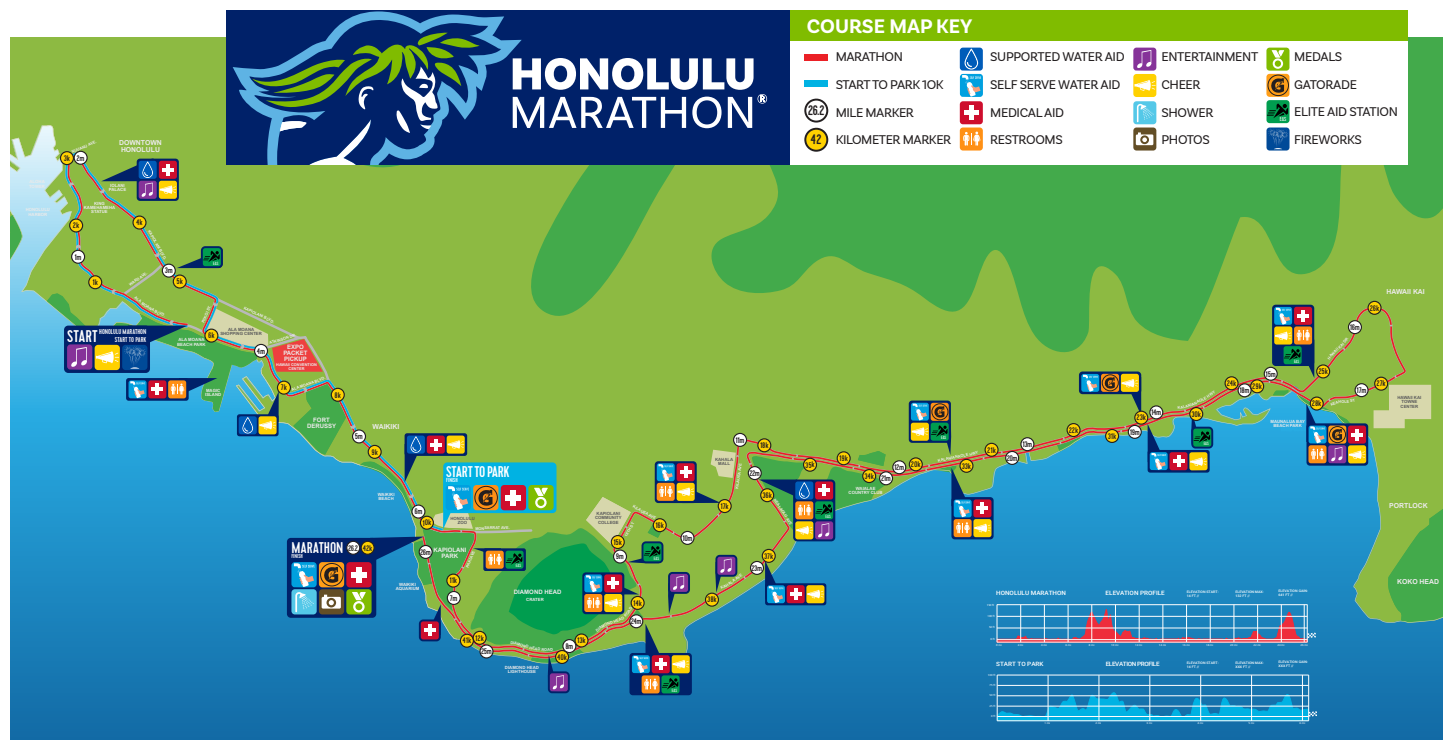
CUPS & WATER BOTTLES GO HERE!

LOVE YOUR COURSE!



Notice:

Start line timing mat will be removed at 5:45AM.



ALONG THE COURSE

All participants must self-propel themselves without assistance. NO assistance and unauthorized vehicles including but not limited to bicycles, baby carriages, all forms of skates, support walkers, walking sticks, poles and canes, etc will be allowed on the course on race day.



WARNING:

INADEQUATE TRAINING, FAILURE TO PACE AND DISREGARD FOR THE IMPORTANCE OF TAKING FLUIDS HAVE RESULTED IN LIFE-THREATENING CONDITIONS SUCH AS HEAT STROKE IN BOTH EXPERIENCED AND FIRST-TIME MARATHON ENTRANTS. IF THIS IS YOUR FIRST MARATHON OR FIRST EXPERIENCE IN A WARM, HUMID CLIMATE, TAKE FLUIDS AT EACH OF OUR 16 AID STATIONS. SHOULD YOU BEGIN TO EXPERIENCE DIFFICULTIES, STOP AND ASK FOR ASSISTANCE FROM THE EMERGENCY RESPONDERS AT THE MEDICAL AID STATION BEFORE CONTINUING.



No pets allowed on the course.



No unofficial or unauthorized banners or any commercial activities at the start area, along the course and at the finish area.



Racing wheelchairs will be on the course. Please watch out!



THE FINISH

0nce you cross the finish line, you will receive your finisher medal, showers will be available, and you'll be guided through the Finisher Shirt Pick-Up tent immediately following the race.

Spectators are not allowed in the fenced areas.

Once you passed through the finish area, do not return.

Be courteous and make room for other finishers.

The finish line will remain open until the last person crosses.



MARATHON ROUTE	MEDICAL AID	TOILETS	SHOWERS	VIP
START TO PARK ROUTE	THE BUS	MEDALS	MEDIA	TIMING
EXIT TO KAPOLANI PARK	SELF SERVE WATER AID	ASC PHOTOS	RESULTS	BAG CHECK
FINISH LINE	FINISHER SHIRT TENT	FINISHERS FOOD COURT	MERCHANDISE TENT	INFORMATION LOST & FOUND



AFTER THE **FINISH**

FINISHER SHIRTS

Finisher shirts are for **FINISHERS ONLY**. You will be directed to the Finisher Shirt Pick-Up tent. You'll need to show your race bib to receive your shirt.

Size exchanges will not be possible.



SHIRTS WILL NOT BE MAILED.



FINISH RESULTS

Results will be available by scanning the QR Code on the back or your bibtag.



Certificates will be available to download on the results are in.

“**BE COURTEOUS AND MAKE ROOM FOR OTHER FINISHERS.**”

GETTING BACK TO YOUR HOTEL

Most Waikiki hotels are within walking distance from Kapiolani Park.

At approximately **9:30AM**, Oahu Transport Service (OTS) public buses will pick up riders at the Monsarrat Avenue bus stop between the Kapiolani Park Bandstand and the Honolulu Zoo. More OTS bus information is available at **www.thebus.org** or **808 848-5555**. **Exact fare is required.**

There will be dedicated taxi stalls at the Honolulu Zoo parking lot opposite the Queen Kapiolani Hotel.

AWARDS

AGE GROUP AWARDS will be available at the bandstand in the park. If you can not pick up your award, a location will be announced at a later date. Awards will not be mailed.

KALAKAUA MERRIE MILE

START AREA

We'll meet on Monsarrat Avenue by the Honolulu Zoo at 6:00AM.

Participants should be wearing your color coded race bibs ready to enter the Starting Chute.

The start area is within walking distance of most Waikiki hotels.

ROAD CLOSURES

Kalakaua Avenue will be closed between Kaiulani & Kapahulu & Monsarrat Avenue from 5:30AM to 8:30AM.



PARKING

Public parking will be limited, please arrive early to secure parking.

Metered parking

Stalls on Kalakaua Avenue mauka (mountain side) meters # 1 - 150.

Please note that the other stalls #150 to #269 will be blocked off.



BE AWARE OF TEMPORARY NO PARKING/TOW AWAY SIGNS.





WAVE STARTS

WAVES	PREDICTED FINISH TIME	START TIME
WAVE 1 WHITE	SUB 4 MIN - 5:59 MIN	7:00AM
WAVE 2 GREEN	6 - 7:59 MIN	7:00AM
WAVE 3 BLUE	8 - 9:59 MIN	7:03AM
WAVE 4 ORANGE	10 - 11:59 MIN	7:06AM
WAVE 5 PURPLE	12 - 14:59 MIN	7:09AM
WAVE 6 YELLOW	15 MIN+	7:12AM

Start times will be assigned based on your estimated finish time. Get ready to enter the start chute well ahead of your start time.



If your child will be participating in the event, please keep the child with you at all times.

Do not leave your child with non-family race participants, or allow your child to complete the race unescorted.





2022 HONOLULU MARATHON®

The 50th Honolulu Marathon will be held on Sunday December 11, 2022.

For more information, please visit www.honolulumarathon.org



Post and share your great photos and videos;

 @hnlmarathon

 honolulumarathon

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The King's Runner will be held on March 6, 2022



The Hapalua - Hawaii's Half Marathon will be held on April 10, 2022

For more information, please visit www.honolulumarathon.org

