FINAL INSTRUCTIONS

The Honolulu Marathon Association welcomes you to the **Kalakaua Merrie Mile**. Please read and follow our final instructions so that you have a safe and enjoyable race.



DATE

Saturday December 7, 2019

PLACE

Monsarrat Ave by the Honolulu Zoo

COURSE

The Kalakaua Merrie Mile is an out and back course, starting on Monsarrat in front of the Honolulu Zoo. The course heads west into Waikiki with the turn around at 2424 Kalakaua Avenue.

The finish line is at Queen's Beach, intersection of Monsarrat and Kalakaua.

START LINE STAGING

Meet at 6:00AM by Start Area

START TIME 7:00AM

First wave starts at 7:00AM Last wave starts at 7:30AM

POST RACE FESTIVAL

Sunset on the Beach area until 10:00AM

PACKET PICK-UP

You must pick-up your race bib and shirt from the Honolulu Marathon Expo by Friday at 6:55PM

KALAKAUA MERRIE MILE

KING KALAKAUA "THE MERRIE MONARCH"

DEC 2019

MARATHON EXPO

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Il registered runners must pick up their packets, which includes their running bibtag at the Honolulu Marathon Expo. Participants must pick up their own

race packets.

The Expo is free and open to the public, so bring your family and friends.

Race packets for the Kalakaua Merrie Mile must be collected by Friday December 6.

Late entries are accepted at the Expo until the race limit has been reached.

OPENING TIMES:

Thursday, December 5 9:00AM - 6:00PM

Friday, December 6 9:00AM - 7:00PM



GETTING TO THE EXPO

There is a free shuttle to the marathon Exporunning from Waikiki.

STOPS INCLUDE:

- O Duke Kahanamoku Statue (Kalakaua Avenue)
- DFS (Royal Hawaiian Avenue)
- Hilton Hawaiian Village Hotel (Kalia Road - Hale Koa parking side)
- O Honolulu Marathon Expo at the Hawaii Convention Center



WAIKIKI

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O Ala Maj Blug

Kapiolani Blvd

Kapahulu Ave

Monsarrat Ave

Location:

Hawaii Convention Center, 1801 Kalakaua Avenue, Honolulu

SHUTTLE OPERATING HOURS:

Thursday Dec 5: 9:00AM - 6:00PM

Friday Dec 6: 9:00AM - 9:00PM

Saturday Dec 7: 9:00AM - 5:00PM

Monday Dec 9: 8:30AM - 3:0PM



RACE WEEK AT A GLANCE

THURSDAY DEC 5

9:00AM - 6:00PM

Honolulu Marathon Expo at the Hawaii Convention Center

FRIDAY DEC 6

9:00AM - 7:00PM

Honolulu Marathon Expo at the Hawaii Convention Center



SATURDAY DEC 7

7:00AM - 9:00AM
Kalakaua Merrie Mile
First wave starts at 7:00AM
Start area by Honolulu Zoo on Monssarat Ave

SATURDAY DEC 7

9:00AM - 5:00PM

Honolulu Marathon Expo at the Hawaii Convention Center

SUNDAY DEC 8

2:00AM

First shuttle leaves from the Honolulu Zoo

4:00AM

Last shuttle leaves from Honolulu Zoo

5:00AM

START of the Honolulu Marathon START of the Start to Park 10k

5:25AM

Start line sensor mat removal

1:00PM

Awards Ceremony at the Bandstand

3:00PM

Clothing Pick-Up closes in Kapiolani Park

MONDAY DEC 9

9:00AM - 4:00PM

Honolulu Marathon Finisher certificate pick up at Hawaii Convention Center



Kapiolani Regional Park

START AREA

We'll meet on Monsarrat Avenue by the Honolulu Zoo at 6:00AM.

Participants should be wearing your color coded race bibs ready to enter the Starting Chute.

The start area is within walking distance of most Waikiki hotels.

ROAD CLOSURES

Kalakaua Avenue will be closed between Kaiulani & Kapahulu & Monsarrat Avenue from 5:30AM to 8:30AM.

WAIKIKI TURN AROUND HYATT REGENCY TRANSPORTANTALE TURN AROUND HYATT REGENCY TRANSPORTANTALE TRANSPORTAT

Waikīkī Bay

PARKING

Parking at International Market Place

Park at the International Market Place garage for only \$3 between 6AM - 9AM. Parking entrance located at the intersection of Kuhio Avenue and Walina Street.





WAVE STARTS

START GROUP WAVES	PREDICTED FINISH TIME	START TIME
WAVE 1 - GREEN	SUB 6 MIN	7:00AM
WAVE 1 - GREEN	6 - 7:59 MIN	7:00AM
WAVE 2 - BLUE	8 - 9:59 MIN	7:03AM
WAVE 3 - ORANGE	10 - 11:59 MIN	7:06AM
WAVE 4 - PURPLE	12 - 14:59 MIN	7:09AM
WAVE 5 - YELLOW	15 MIN+	7:12AM
FINAL RACE - INVITED RUNNERS		7:30 - 7:45 AM

Start times will be assigned based on your estimated finish time. Get ready to enter the start chute well ahead of your start time.

If your child will be participating in the event, please keep the child with you at all times.

Do not leave your child with non-family race participants, or allow your child to complete the race unescorted.



RULES OF THE ROAD

he race bib. Runners must wear the bib visibly on the chest throughout the race, according to the instructions on the reverse of the bib. Please fill out your medical information on the back of the bib.



Shirts or singlets, with the bib positioned front top center, must be worn throughout the entire race. The bib number must be visible at all times. Bibtags are not transferable. You and the runner wearing your Bibtag will be disqualified from this race and future races.

BIBTAGS CANNOT BE PICKED UP ON RACE DAY.

- O not cut or Fold your bib number in any way
- On not deface your bib number with stickers, markings or any writing
- Use a pin for each corner of the bib number; do not pierce the tag
- Do not remove the foam spacer

PROTESTS

Protests related to actions of any race official or runner will be accepted only in written form. We will not respond to verbal protests.

All decisions of the Race Director are binding. This race is conducted according to Competition Rules of USA Track & Field.





INTERFERENCE:

Wheeled conveyances, including all forms of skates, strollers and bicycles are prohibited. Runners accompanied by a wheeled conveyance will be disqualified. Competitors who accept any assistance from any other person may be disqualified.

CHECKPOINTS:

You must cross the sensor mats at the check points along the course. Make sure your running number is clearly visible. You may be disqualified if there is no record of you passing through the checkpoints.



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After crossing the line, you will receive your medal and you can stay and watch the other waves, including the elite wave which starts at 7:30AM.

Enjoy post race food and drinks on the beach just by the finish line.

Stay and enjoy the music until we close at around 10:00AM.

FINISH RESULTS

Race day live tracking and final results will be available at www.honolulumarathon.org LIVE TRACKING

GETTING BACK TO YOUR HOTEL

Most Waikiki hotels are within walking distance from Kapiolani Park.

Waikiki-Diamon Head Fishery

ELITE RACE

The elite wave starts at 7:30am. The women get a head start on the men (approx 25 seconds) and the first to cross the line wins \$4,000. 2018 champion, Edward Cheserek will be defending his title.

