



INFORMATION REGARDING DRUG TESTING

SELECTION OF ATHLETES FOR DOPING CONTROL

By registering to compete at this event you have consented to be subject to drug testing and adhere to the penalties associated with an anti-doping rules violation. All members of USA Track & Field, and all registered competitors are subject to testing, and are responsible for ensuring personally whether they are required to appear for doping control and if selected for drug testing are required to comply with the applicable rules. Noncompliance or refusing to be tested will result in the same penalties as a doping violation. Athletes who are in violation of anti-doping rules are subject to at least a 2-year suspension and other consequences, including a public announcement of the facts and consequences.

NOTIFICATION OF ATHLETES

When the U.S. Anti-Doping Agency ("USADA") is conducting testing chaperones will be provided to notify selected Athletes and escort them to the Doping Control Station. Additionally, it is each Athletes responsibility to confirm whether they are required to appear for doping control. While USADA plans to have chaperones available to locate and escort Athletes for testing, the lack of a Chaperone or Escort does not excuse an Athlete from testing. Any Athlete who fails to report to Doping Control within 60 minutes of notification or to comply with other requirements of the doping control process will be subject to sanctions.

APPLICABLE RULES

USADA conducts testing in accordance with its Protocol. A copy of and additional information concerning the USADA Protocol are available online at <http://www.usada.org>. You should also review the applicable anti-doping rules of the International Association of Athletics Federation (IAAF), the international federation for the sport, at <http://www.iaaf.org>.

An overview of USADA's in-competition testing program is available at www.usada.org/go/testalert.

UNITED STATES ANTI-DOPING AGENCY

The United States Anti-Doping Agency is the independent anti-doping agency for the Olympic Movement in the United States. USADA is dedicated to eliminating the practice of doping in sport, preserving the well-being of sport and ensuring the health of athletes through drug testing, research initiatives and educational programs.

PROHIBITED CLASSES FOR EVENT TESTING

USADA will test for the classes of substances and methods prohibited by the World Anti-Doping Code. For in-competition testing, urine samples are tested for the following categories of substances: anabolic agents, hormones, beta-2 agonists, anti-estrogenic substances, diuretics, stimulants, narcotics, cannabinoids (i.e. marijuana), glucocorticosteroids, alcohol and beta-blockers; additionally, the following methods such as blood doping, gene doping and pharmacological, chemical and physical manipulation are also prohibited.

For more detailed information or a non-exclusive list of substances within each category listed above, visit the USADA web site at http://www.usada.org/prohibited_sub/wallet_card.asp for the USADA Wallet Card.

Further information about the drug testing, the protection of your rights and the status of specific medications on the 2007 WADA Prohibited List is available from the USADA Drug Reference On-Line™ at <http://www.usantidoping.org/dro> or from USADA's Drug Reference Line™ at 1-800-233-0393. When in doubt athletes should check with these resources.

Please remember that even over-the-counter or prescription medications can contain a banned substances that could cause a positive test result and a doping offense. Dietary/nutritional supplements including vitamins, minerals and amino acids are completely at the athlete's risk, even if the supplements are labeled 'approved' or 'verified.' If you take dietary/nutritional supplements you may test positive for a prohibited substance which is

not disclosed on the product label. This would result in a doping violation and sanction. Always check with your team doctor or the USADA Drug Reference Line™ before taking any medication.